



TRAUMA RECOVERY

Partial Hospitalization Program & Intensive Outpatient Program

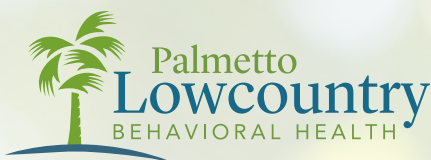
Palmetto Lowcountry Behavioral Health offers specialty outpatient programs for adults who have been emotionally impacted by traumatic experiences. When left unresolved, trauma can shatter one's sense of security, destabilize their emotional well-being and may even lead to self-harm. The programs focus on recovery skills so individuals can process their trauma, heal and lead a better life.

**The program runs Monday through Friday,
for four to six weeks:**

Partial Hospitalization Program: 8:30 am to 3 pm

Intensive Outpatient Program: 8:30 am to 11:30 am

Contact our Admissions Department today for a no-cost assessment. Call us at **843-747-5830**, toll-free at **877-947-3223**, or visit **palmettobehavioralhealth.com** for more information.



These programs can be an alternative for those who want to participate in outpatient treatment while maintaining regular life commitments, such as work and family responsibilities. Clients will have an opportunity to participate in a variety of activities, including:

- Evidence-based programming, including Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Progressive Exposure and Cognitive Processing Therapy, to address past trauma
- Weekly sessions with a psychiatrist
- Weekly yoga, multifamily therapy and activity therapy

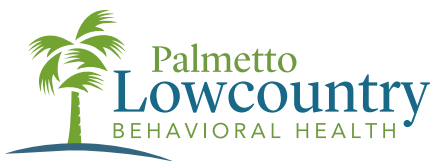
How Do I Access Outpatient Services?

We encourage you to call our experienced assessment team for a no-cost evaluation to see if one of our programs can help you or a loved one. Call 843-747-5830 today and ask to speak to a Needs Assessment Counselor. The caring staff at Palmetto Lowcountry Behavioral Health is here to help. Most insurance plans are accepted, including TRICARE®. Our financial counselors will work to help with self-pay options.



Directions from I-26

Take exit 216B onto Cosgrove Avenue (SC-7 North). Take your first right onto Azalea Drive. In 0.7 miles, turn right onto Baker Hospital Boulevard, and then take your first right onto Speissegger Drive. Palmetto Lowcountry Behavioral Health is located at the end of Speissegger Drive.



2777 Speissegger Drive | Charleston, SC 29405
palmettobehavioralhealth.com



Find us on 

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Physicians are on the medical staff of Palmetto Lowcountry Behavioral Health, but, with limited exceptions, are independent practitioners who are not employees or agents of Palmetto Lowcountry Behavioral Health. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. For language assistance, disability accommodations and the nondiscrimination notice, visit our website. 221905-2715 1/23