

The Lowcountry Mental Health Conference

2023 Schedule ~ In-Person

Wednesday, July 26, 2023

The Gaillard Performance Hall ~ Charleston, SC

Pre-Conference Sessions

Time	Event			
5:00pm - 6:00pm	Pre-Conference Session Registration			
6:00pm - 7:00pm (1 contact hour)	<table border="1"><tr><td><p>Innovative Stress Management© (ISM©) - Part 1</p><p>A Practitioners Guide to Recovery Wellness©</p><p>Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT</p><p>(No NBCC Credits for this session)</p></td><td><p>Exploring Complex and Developmental Trauma in Children and Adolescents</p><p>Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i></p></td><td><p>Healing the Wounded Self Understanding Eating Disorders and Dissociation</p><p>Jamie Jones, LPC-S, NCC <i>River Oaks Eating Disorder Treatment Center</i></p></td></tr></table>	<p>Innovative Stress Management© (ISM©) - Part 1</p> <p>A Practitioners Guide to Recovery Wellness©</p> <p>Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT</p> <p>(No NBCC Credits for this session)</p>	<p>Exploring Complex and Developmental Trauma in Children and Adolescents</p> <p>Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i></p>	<p>Healing the Wounded Self Understanding Eating Disorders and Dissociation</p> <p>Jamie Jones, LPC-S, NCC <i>River Oaks Eating Disorder Treatment Center</i></p>
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7:00pm - 7:15pm	Break			
7:15pm - 8:15pm (1 contact hour)	<table border="1"><tr><td><p>Innovative Stress Management© (ISM©) - Part 2</p><p>A Practitioners Guide to Recovery Wellness©</p><p>Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT</p><p>(No NBCC Credits for this session)</p></td><td><p>Proven Treatment Models for Complex and Developmental Trauma</p><p>Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i></p></td><td><p>Wired to Survive The Impact of Early Life Events and the Path to Healing</p><p>Viktoriya Magid, Ph.D. <i>Clinical Psychologist, Educator, & Psychotherapist</i></p></td></tr></table>	<p>Innovative Stress Management© (ISM©) - Part 2</p> <p>A Practitioners Guide to Recovery Wellness©</p> <p>Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT</p> <p>(No NBCC Credits for this session)</p>	<p>Proven Treatment Models for Complex and Developmental Trauma</p> <p>Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i></p>	<p>Wired to Survive The Impact of Early Life Events and the Path to Healing</p> <p>Viktoriya Magid, Ph.D. <i>Clinical Psychologist, Educator, & Psychotherapist</i></p>
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Thursday, July 27, 2023

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome, Opening Remarks, and Musical Performance	Charlamagne Tha God <i>Multimedia Mogal - Mental Health Champion</i> John J. Tecklenburg <i>Mayor of Charleston, South Carolina</i>
9:00am - 10:15am (1.25 contact hours)	Placemaking From the Inside-Out Reflecting on the Impact of Knowledge of Personal and Public History on Self-Identity and Wellness	Tonya M. Matthews, Ph.D. <i>President and CEO</i> <i>International African American Museum</i>
10:15am - 10:30am	Break	
10:30am - 11:45am (1.25 contact hours)	Reflections on Life's Challenges, Sobriety, Loss, and Selfcare A Candid Conversation with Anne Lamott (No NBCC Credits for this session)	Anne Lamott <i>NY Times Bestselling Novelist and Essayist</i>
11:45am - 1:45pm	Lunch (on your own)	
Lunch Sessions (11:45am - 1:00pm) 1.25 contact hours	A Q & A Conversation on Emotions & the Brain Dr. Lisa Feldman Barrett (Auditorium)	The Value of Positioning Ourselves as Affective Health Practitioners Brian K. Sullivan, PsyD
		Clinical Techniques for Therapy With Autism Spectrum Disorder Thomas Walsh, LISW
1:45pm - 2:45pm (1 contact hour)	Emotion and the Secret Life of the Brain	Lisa Feldman Barrett, Ph.D. <i>University Distinguished Professor of Psychology, Northeastern University; Chief Science Office, Center for Law, Brain and Behavior, Mass General Hospital</i>
2:45pm - 3:00pm	Break	
3:00pm - 4:00pm (1 contact hour)	Rethinking Anxiety & Depression Case Conceptualizations & Clinical Interventions in Today's World	Jonathan Sperry, Ph.D., LCSW <i>Psychologist, Diplomate in Adlerian Psychology, Associate Professor - Lynn University</i>
4:00pm - 4:15pm	Break	
4:15pm - 5:30pm (1.25 contact hours)	Come As You Are Exploring Desire, Sex, and Relationships with Our Clients	Emily Nagoski, Ph.D. <i>Sex Educator, NY Times Best-Selling Author, and Researcher</i>

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Friday, July 28, 2023

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Time	Event	Presenter
7:30am - 8:15am	Registration, Networking, Breakfast	
8:15am - 8:30am	Welcome & Opening Remarks	Robert L. Bank, M.D. <i>Acting State Director South Carolina Dept of Mental Health</i>
8:30am - 9:45am (1.25 contact hours)	Family Dynamics, Personal Connection, & Meaning Making Empathy, Understanding, and Working with Our Clients within a Greater Social Framework	Rev. Dr. Byron L. Benton <i>Doctorate in Marriage & Family Therapy, Senior Pastor Mount Moriah Baptist Church</i>
9:45am - 10:00am	Break	
10:00am - 11:00am (1 contact hour)	What is Good Grief Support? Traumatic Grief and Novel Approaches to Psychosocial Care	Joanne Cacciatore, Ph.D., MSW <i>MISS Foundation Founder, Author, Professor at Arizona State University</i>
11:00am - 11:15am	Break	
11:15am - 12:15pm (1 contact hour)	Psychedelics as a Means to Treat Mental Health Innovative Treatments and Promising Outcomes	Matthew W. Johnson, Ph.D. <i>Professor of Psychiatry Johns Hopkins University Center for Psychedelic & Consciousness Research</i>
12:15pm - 2:00pm	Lunch	
Lunch Sessions (12:15 - 1:15pm) 1 contact hour	Beyond Competency: Working Inclusively with LGBTQIA+ Clients Sarah Harbin-Coleman, LPC Chandler Massengale, LMSW <i>(Auditorium)</i>	The Power of Peer Recovery Coaching for Patients & Family Richard Jones, MBA, LCAS
		Building Community with Rhythm & Music An Experiential Workshop Jonathan Sperry, Ph.D.
2:00pm - 3:00pm 1 contact hour	Loving Someone With SUD Without Losing Yourself Empowering Our Clients Who Face the Unique Challenges of Addiction in the Family	Karen Perlmutter, LISW-CP <i>Founder Collaborative Counseling, Family Systems Substance Abuse Treatment Expert</i>
3:00pm - 3:15pm	Break	
3:15pm - 4:15pm 1 contact hour	Trauma and the Healing Power of the Creative Process A Closing Talk & Musical Performance	Telisha Williams M.S. & Wild Ponies <i>Iconic Folk, Country, & Rock Infusion Band</i>