

The Lowcountry Mental Health Conference

2023 Schedule

Thursday, July 27, 2023

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome, Opening Remarks, and Musical Performance	John J. Tecklenburg <i>Mayor of Charleston, South Carolina</i>
9:00am - 10:15am (1.25 contact hours)	Placemaking From the Inside-Out Reflecting on the Impact of Knowledge of Personal and Public History on Self-Identity and Wellness	Tonya M. Matthews, Ph.D. <i>President and CEO</i> International African American Museum
10:15am - 10:30am	Break	
10:30am - 11:45am (1.25 contact hours)	Reflections on Life's Challenges, Sobriety, Loss, and Selfcare A Candid Conversation with Anne Lamott	Anne Lamott <i>Bestselling Novelist and Essayist</i>
11:45am - 1:45pm	Lunch (<i>on your own</i>)	
Lunch Sessions (11:45am - 1:00pm) 1.25 contact hours	A Q & A Conversation on Emotions and the Brain	Lisa Feldman Barrett, Ph.D. <i>University Distinguished Professor of Psychology, Northeastern University; Chief Science Office, Center for Law, Brain and Behavior, Mass General Hospital</i>
1:45pm - 2:45pm (1 contact hour)	The Secret Life of the Brain You Aren't at the Mercy of Your Emotions - Your Brain Creates Them	Lisa Feldman Barrett, Ph.D. <i>University Distinguished Professor of Psychology, Northeastern University; Chief Science Office, Center for Law, Brain and Behavior, Mass General Hospital</i>
2:45pm - 3:00pm	Break	
3:00pm - 4:00pm (1 contact hour)	Rethinking Anxiety & Depression Case Conceptualizations & Clinical Interventions in Today's World	Jonathan Sperry, Ph.D., LCSW <i>Psychologist, Diplomate in Adlerian Psychology, Associate Professor - Lynn University</i>
4:00pm - 4:15pm	Break	
4:15pm - 5:30pm (1.25 contact hours)	Come As You Are Exploring Desire, Sex, and Relationships with Our Clients	Emily Nagoski, Ph.D. <i>Sex Educator, Best-Selling Author, and Researcher</i>

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Time	Event	Presenter
7:30am - 8:15am	Registration, Networking, Breakfast	
8:15am - 8:30am	Welcome & Opening Remarks	Robert L. Bank, M.D. <i>State Director - South Carolina DMH</i> Senator Brad Hutto, J.D. <i>SC State Senator - District 40</i>
8:30am - 9:45am <i>(1.25 contact hours)</i>	Family Dynamics, Personal Connection, & Meaning Making Empathy, Understanding, and Working with Our Clients Within a Greater Social Framework	Rev. Dr. Byron L. Benton <i>Senior Pastor</i> Mount Moriah Baptist Church
9:45am - 10:00am	Break	
10:00am - 11:00am <i>(1 contact hour)</i>	What is Good Grief Support? Traumatic Grief and Novel Approaches to Psychosocial Care	Joanne Cacciatore, Ph.D., MSW <i>MISS Foundation Founder, Author, Professor at Arizona State University</i>
11:00am - 11:15am	Break	
11:15am - 12:15pm <i>(1 contact hour)</i>	Psychedelics as a Means to Treat Mental Health Innovative Treatments and Promising Outcomes	Matthew W. Johnson, Ph.D. <i>Professor of Psychiatry</i> Johns Hopkins University Center for Psychedelic & Consciousness Research
12:15pm - 2:00pm	Lunch	
Lunch Sessions <i>(12:15 - 1:15pm)</i> <i>1 contact hour</i>	Beyond Competency: Working Inclusively with LGBTQIA+ Clients	Sarah Harbin-Coleman, LPC <i>Therapist & LGBTQIA+ Advocate</i> Chandler Massengale, LMSW <i>Licensed Social Worker, Therapist, & LGBTQIA+ Advocate</i>
2:00pm - 3:00pm <i>1 contact hour</i>	Loving Someone With SUD Without Losing Yourself Empowering Our Clients Who Face the Unique Challenges of Addiction in the Family	Karen Perlmutter, LISW-CP <i>Founder Collaborative Counseling, Family Systems Substance Abuse Treatment Expert</i>
3:00pm - 3:15pm	Break	
3:15pm - 4:15pm <i>1 contact hour</i>	Trauma and the Healing Power of the Creative Process A Closing Talk & Musical Performance	Wild Ponies <i>Iconic Folk, Country, & Rock Infusion Band</i>