

The Lowcountry Mental Health Conference

2023 Schedule

Wednesday, July 26, 2023

The Gaillard Performance Hall ~ Charleston, SC

Pre-Conference Sessions

Time	Event											
5:00pm - 6:00pm	Pre-Conference Session Registration											
	<table border="1"><thead><tr><th><u>Salon Room 1</u></th><th><u>Salon Room 2</u></th><th><u>Gallery Lobby</u></th></tr></thead><tbody><tr><td>6:00pm - 7:00pm <i>(1 contact hour)</i> Innovative Stress Management© (ISM©) - Part 1 A Practitioners Guide to Recovery Wellness© Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT</td><td>Exploring Complex and Developmental Trauma in Children and Adolescents Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i></td><td>Healing the Wounded Self Understanding Eating Disorders and Dissociation Jamie Jones, LPC-S, NCC <i>River Oaks Eating Disorder Treatment Center</i></td></tr><tr><td>7:00pm - 7:15pm</td><td>Break</td></tr><tr><td>7:15pm - 8:15pm <i>(1 contact hour)</i> Innovative Stress Management© (ISM©) - Part 2 A Practitioners Guide to Recovery Wellness© Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT</td><td>Proven Treatment Models for Complex and Developmental Trauma Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i></td><td>Wired to Survive The Impact of Early Life Events and the Path to Healing Viktoriya Magid, Ph.D. <i>Clinical Psychologist, Educator, & Psychotherapist</i></td></tr></tbody></table>	<u>Salon Room 1</u>	<u>Salon Room 2</u>	<u>Gallery Lobby</u>	6:00pm - 7:00pm <i>(1 contact hour)</i> Innovative Stress Management© (ISM©) - Part 1 A Practitioners Guide to Recovery Wellness© Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT	Exploring Complex and Developmental Trauma in Children and Adolescents Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i>	Healing the Wounded Self Understanding Eating Disorders and Dissociation Jamie Jones, LPC-S, NCC <i>River Oaks Eating Disorder Treatment Center</i>	7:00pm - 7:15pm	Break	7:15pm - 8:15pm <i>(1 contact hour)</i> Innovative Stress Management© (ISM©) - Part 2 A Practitioners Guide to Recovery Wellness© Brian Reiner Psy.D. & Neil C. Tucker, M.Ed., EMT	Proven Treatment Models for Complex and Developmental Trauma Vianca Anderson, LPC <i>Trauma Expert & Founder of Vibrant Vida Counseling</i>	Wired to Survive The Impact of Early Life Events and the Path to Healing Viktoriya Magid, Ph.D. <i>Clinical Psychologist, Educator, & Psychotherapist</i>
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2023 Schedule
Thursday, July 27, 2023

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome & Opening Remarks	John J. Tecklenburg <i>Mayor of Charleston, South Carolina</i>
9:00am - 10:15am <i>(1.25 contact hours)</i>	Boldly Belonging, Embracing Authenticity, and Cultivating Spaces of Inclusivity Helping Our Patients Find Their Voice	Dr. Chika Stacy Oriuwa <i>Doctor in Psychiatry</i> The University of Toronto
10:15am - 10:30am	Break	
10:30am - 11:45am <i>(1.25 contact hours)</i>	Reflections on Life's Challenges, Sobriety, Loss, and Selfcare A Candid Conversation with Anne Lamott	Anne Lamott <i>Bestselling Novelist and Essayist</i>
11:45am - 1:45pm	Lunch <i>(on your own)</i>	
Lunch Sessions <i>(11:45am - 1:00pm)</i> <i>1.25 contact hours</i>	A Q & A Conversation on Emotions & the Brain Dr. Lisa Feldman Barrett <i>(Auditorium)</i>	The Value of Positioning Ourselves as Affective Health Practitioners Brian K. Sullivan, PsyD
		Clinical Techniques for Therapy With Autism Spectrum Disorder Thomas Walsh, LISW
1:45pm - 2:45pm <i>(1 contact hour)</i>	Emotion and the Secret Life of the Brain	Lisa Feldman Barrett, Ph.D. <i>University Distinguished Professor of Psychology, Northeastern University;</i> <i>Chief Science Office, Center for Law, Brain and Behavior, Mass General Hospital</i>
2:45pm - 3:00pm	Break	
3:00pm - 4:00pm <i>(1 contact hour)</i>	Rethinking Anxiety & Depression Case Conceptualizations & Clinical Interventions in Today's World	Jonathan Sperry, Ph.D., LCSW <i>Psychologist,</i> <i>Diplomate in Adlerian Psychology,</i> <i>Associate Professor - Lynn University</i>
4:00pm - 4:15pm	Break	
4:15pm - 5:30pm <i>(1.25 contact hours)</i>	Come As You Are Exploring Desire, Sex, and Relationships with Our Clients	Emily Nagoski, Ph.D. <i>Sex Educator,</i> <i>NY Times Best-Selling Author,</i> <i>and Researcher</i>

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2023 Schedule

Friday, July 28, 2023

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter			
7:30am - 8:15am	Registration, Networking, Breakfast				
8:15am - 8:30am	Welcome & Opening Remarks	Robert L. Bank, M.D. <i>State Director - South Carolina DMH</i>			
8:30am - 9:45am (1.25 contact hours)	Family Dynamics, Personal Connection, & Meaning Making Empathy, Understanding, and Working with Our Clients within a Greater Social Framework	Rev. Dr. Byron L. Benton <i>Doctorate in Marriage & Family Therapy, Senior Pastor</i> Mount Moriah Baptist Church			
9:45am - 10:00am	Break				
10:00am - 11:00am (1 contact hour)	What is Good Grief Support? Traumatic Grief and Novel Approaches to Psychosocial Care	Joanne Cacciatore, Ph.D., MSW <i>MISS Foundation Founder, Author, Professor at Arizona State University</i>			
11:00am - 11:15am	Break				
11:15am - 12:15pm (1 contact hour)	Psychedelics as a Means to Treat Mental Health Innovative Treatments and Promising Outcomes	Matthew W. Johnson, Ph.D. <i>Professor of Psychiatry</i> Johns Hopkins University Center for Psychedelic & Consciousness Research			
12:15pm - 2:00pm	Lunch				
Lunch Sessions (12:15 - 1:15pm) 1 contact hour	<table border="0"> <tr> <td style="border-right: 1px solid black; padding-right: 10px;"> Beyond Competency: Working Inclusively with LGBTQ+ Clients Sarah Harbin-Coleman, LPC Chandler Massengale, LMSW <i>(Auditorium)</i> </td> <td style="border-right: 1px solid black; padding: 0 10px;"> The Power of Peer Recovery Coaching for Patients & Family Richard Jones, MBA, LCAS </td> <td> Building Community with Rhythm & Music An Experiential Workshop Jonathan Sperry, Ph.D. </td> </tr> </table>	Beyond Competency: Working Inclusively with LGBTQ+ Clients Sarah Harbin-Coleman, LPC Chandler Massengale, LMSW <i>(Auditorium)</i>	The Power of Peer Recovery Coaching for Patients & Family Richard Jones, MBA, LCAS	Building Community with Rhythm & Music An Experiential Workshop Jonathan Sperry, Ph.D.	
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2:00pm - 3:00pm 1 contact hour	Loving Someone With SUD Without Losing Yourself Empowering Our Clients Who Face the Unique Challenges of Addiction in the Family	Karen Perlmutter, LISW-CP <i>Founder Collaborative Counseling, Family Systems Substance Abuse Treatment Expert</i>			
3:00pm - 3:15pm	Break				
3:15pm - 4:15pm 1 contact hour	Trauma and the Healing Power of the Creative Process A Closing Talk & Musical Performance	Telisha Williams M.S. & Wild Ponies <i>Iconic Folk, Country, & Rock Infusion Band</i>			