

The Lowcountry Mental Health Conference

2022 Schedule

Wednesday, July 27, 2022

The Gaillard Performance Hall ~ Charleston, SC

Pre-Conference Sessions

Time	Event												
5:00pm - 6:00pm	Pre-Conference Session Registration												
	<table><thead><tr><th><u>Salon Room 1</u></th><th><u>Salon Room 2</u></th><th><u>Green Room</u></th></tr></thead><tbody><tr><td>6:00pm - 7:00pm <i>(1 contact hour)</i> Therapy in the New World: Chaos, Confusion, Experimentation, and Innovation Jeffrey Kottler, Ph.D. Leading Author, Educator, and Therapist</td><td>Handling Ethical Disasters Barbara Melton, LPCS Expert Therapist, Educator, and Advisor <i>* This session meets ethical hour requirements for licensed professionals.</i></td><td>On the Border of Crisis Working with Borderline Personality Disorder Melissa Camp, LPC Director of Behavioral Health Colleton Medical Center</td></tr><tr><td>7:00pm - 7:15pm</td><td>Break</td><td></td></tr><tr><td>7:15pm - 8:15pm <i>(1 contact hour)</i> Therapy in the New World Chaos, Confusion, Experimentation, and Innovation <i>(Continued)</i> Jeffrey Kottler, Ph.D. Leading Author, Educator, and Therapist</td><td>Handling Ethical Disasters (Continued) Barbara Melton, LPCS Expert Therapist, Educator, and Advisor <i>* This session meets ethical hour requirements for licensed professionals.</i></td><td>Mindfulness: A Deep Dive Into the Therapeutic Power of the Practice Melissa Camp, LPC Director of Behavioral Health Colleton Medical Center</td></tr></tbody></table>	<u>Salon Room 1</u>	<u>Salon Room 2</u>	<u>Green Room</u>	6:00pm - 7:00pm <i>(1 contact hour)</i> Therapy in the New World: Chaos, Confusion, Experimentation, and Innovation Jeffrey Kottler, Ph.D. Leading Author, Educator, and Therapist	Handling Ethical Disasters Barbara Melton, LPCS Expert Therapist, Educator, and Advisor <i>* This session meets ethical hour requirements for licensed professionals.</i>	On the Border of Crisis Working with Borderline Personality Disorder Melissa Camp, LPC Director of Behavioral Health Colleton Medical Center	7:00pm - 7:15pm	Break		7:15pm - 8:15pm <i>(1 contact hour)</i> Therapy in the New World Chaos, Confusion, Experimentation, and Innovation <i>(Continued)</i> Jeffrey Kottler, Ph.D. Leading Author, Educator, and Therapist	Handling Ethical Disasters (Continued) Barbara Melton, LPCS Expert Therapist, Educator, and Advisor <i>* This session meets ethical hour requirements for licensed professionals.</i>	Mindfulness: A Deep Dive Into the Therapeutic Power of the Practice Melissa Camp, LPC Director of Behavioral Health Colleton Medical Center
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Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome & Opening Remarks	John J. Tecklenburg <i>Mayor of Charleston, South Carolina</i>
9:00am - 10:15am (1.25 contact hours)	The Unexplained Mysteries of Psychotherapy and Everyday Human Behavior	Jeffrey Kottler, Ph.D. <i>Bestselling Author and Leading Educator, and Therapist in the Field of Psychotherapy</i>
10:15am - 10:30am	Break	
10:30am - 11:45am (1.25 contact hours)	What Can Go Wrong in Clinicians' and Clients' Minds When Mental Disorders Are Biologically Explained... And What Can Be Done About It! <i>Exploring Findings, Consequences, and Solutions</i>	Woo-kyoung Ahn, Ph.D. <i>John Hay Whitney Professor of Psychology Director of the Thinking Lab Yale University</i>
11:45am - 1:45pm	Lunch (<i>on your own</i>)	
Lunch Sessions (11:45am - 1:00pm) 1.25 contact hours	Stump Dr. Kottler! A Fun Q & A On All Things Psychotherapy Jeffrey Kottler, Ph.D.	Repairers of the Breach: Biblical & Clinical Methods of Understanding Trauma Rev. Dr. Byron L. Benton Mount Moriah Missionary Baptist Church
		Healthy Therapists in an Unhealthy World Melissa Camp, LPC
1:45pm - 2:45pm (1 contact hour)	The Good, The Bad, and The Funny A Mental Health Story	Jessica Holmes <i>Celebrated Comedian, Author, & Mental Health Advocate</i>
2:45pm - 3:00pm	Break	
3:00pm - 4:00pm (1 contact hour)	Every Wound Comes With Its Own World Trauma, Healing, and Making Care in a Posthuman World	Báyò Akómoláfé, Ph.D. <i>Psychologist, Author, Philosopher, Professor, & Activist</i>
4:00pm - 4:15pm	Break	
4:15pm - 5:30pm (1.25 contact hours)	Promoting Mental Health Everywhere A Musical Performance and Talk by Steven Page	Steven Page <i>Musician, Mental Health Advocate, Lead Singer and Songwriter for The Bare Naked Ladies</i>

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Friday, July 29, 2022

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Time	Event	Presenter
7:30am - 8:15am	Registration, Networking, Breakfast	
8:15am - 8:30am	Welcome & Opening Remarks	Kenneth M. Rogers, M.D. <i>State Director - South Carolina DMH</i>
8:30am - 9:45am (1.25 contact hours)	The Compassionate Inquiry Therapeutic Model Exploring the Unconscious Dynamics that Run Our Lives and How to Liberate Them Part 1: Presence, Safety, & Attunement	Gabor Maté, M.D. <i>Physician, Best Selling Author, Addiction and Trauma Expert</i> Sat Dharam Kaur ND <i>Naturopathic Doctor & Yoga Expert</i>
9:45am - 10:00am	Break	
10:00am - 11:00am (1 contact hour)	The Compassionate Inquiry Therapeutic Model Exploring the Unconscious Dynamics that Run Our Lives and How to Liberate Them Part 2: Memory, Stories, & Beliefs	Gabor Maté, M.D. <i>Physician, Best Selling Author</i> Sat Dharam Kaur ND <i>Naturopathic Doctor & Yoga Expert</i>
11:00am - 11:15am	Break	
11:15am - 12:15pm (1 contact hour)	The Compassionate Inquiry Therapeutic Model Exploring the Unconscious Dynamics that Run Our Lives and How to Liberate Them Part 3: Trauma, Disconnection, & Constriction	Gabor Maté, M.D. <i>Physician, Best Selling Author, Addiction and Trauma Expert</i> Sat Dharam Kaur ND <i>Naturopathic Doctor & Yoga Expert</i>
12:15pm - 2:00pm	Lunch	
Lunch Sessions (12:15 - 1:15pm) 1 contact hour	A Tibetan Buddhist Perspective on Mental Health The Venerable Geshe Dakpa Topgyal	The Practice of Love: Helping Clients Break Old Patterns & Create a Connection That Lasts Lair Torrent, LMFT
	The State of Narcotics Anonymous Carolina Region NA	An Overview of Evidence-Based Treatment of PTSD Justin Johnson, M.D.
2:00pm - 3:00pm 1 contact hour	Dopamine A Practical Approach to Compulsive Overconsumption in a Reward Overloaded World	Anna Lembke, M.D. <i>Best Selling Author, Professor, Chief of Addiction Medicine Stanford University</i>
3:00pm - 3:15pm	Break	
3:15pm - 4:15pm 1 contact hour	Trauma and the Healing Power of the Creative Process A Closing Talk & Musical Performance	Wild Ponies <i>Iconic Folk, Country, & Rock Infusion Band</i>