

# The Lowcountry Mental Health Conference

2022 Schedule

**Wednesday, July 27, 2022**

The Gaillard Performance Hall ~ Charleston, SC

**(2 Hrs)**

## Pre-Conference Sessions

Time	Event		
5:00pm - 6:00pm	Pre-Conference Session Registration		
	<b><u>Salon Room 1/Auditorium</u></b>	<b><u>Salon Room 2</u></b>	<b><u>Green Room</u></b>
6:00pm - 7:00pm <i>(1 contact hour)</i>	<b>Therapy in the New World: Group Workshop <i>(Part 1)</i></b>  <b>Jeffrey Kottler, Ph.D.</b> Leading Author, Educator, and Therapist	<b>Handling Ethical Disasters <i>(Part 1)</i></b>  Barbara Melton, LPCS  <i>* This session meets ethical hour requirements for licensed professionals.</i>	<b>Working with Borderline Personality Disorder</b>  <b>Melissa Camp</b> Job Title Here
7:00pm - 7:15pm	Break		
7:15pm - 8:15pm <i>(1 contact hour)</i>	<b>Therapy in the New World: Group Workshop <i>(Part 2)</i></b>  <b>Jeffrey Kottler, Ph.D.</b> Leading Author, Educator, and Therapist	<b>Handling Ethical Disasters <i>(Part 2)</i></b>  Barbara Melton, LPCS  <i>* This session meets ethical hour requirements for licensed professionals.</i>	<b>Open</b>  Name Here Job Title Here

# The Lowcountry Mental Health Conference

2022 Schedule

Thursday, July 28, 2022

The Gaillard Performance Hall ~ Charleston, SC

(7 hrs)

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome & Opening Remarks	
9:00am - 10:15am (1.25 contact hours)	<b>The Unexplained Mysteries of Psychotherapy</b>	<b>Jeffrey Kottler, Ph.D.</b> <i>Leading Author, Educator, and Therapist in the Field of Psychotherapy</i>
10:15am - 10:30am	Break	
10:30am - 11:45am (1.25 contact hours)	<b>The Psychological Impact of Biological Diagnoses on Clinician and Patient Consequences and Solutions</b>	<b>Woo-kyoung Ahn, Ph.D.</b> <i>Professor of Psychology and Director of the Thinking Lab Yale University</i>
11:45am - 1:45pm	Lunch (on your own)	
<b>Lunch Sessions</b> (11:45am - 1:00pm) 1.25 contact hours	<u><a href="#">Ask Dr. Kottler Q &amp; A on Psychotherapy</a></u> <b>Jeffrey Kottler, Ph.D.</b> (Auditorium)	<u><a href="#">TBD</a></u> tbd (Salon Room 1)
		<u><a href="#">Healthy Therapists in an Unhealthy World</a></u> <b>Melissa Camp</b> (Salon Room 2)
1:45pm - 2:45pm (1 contact hour)	<b>The Good, The Bad, and The Funny A Mental Health Story</b>	<b>Jessica Holmes</b> <i>Celebrated Comedian, Author, &amp; Mental Health Advocate</i>
2:45pm - 3:00pm	Break	
3:00pm - 4:00pm (1 contact hour)	<b>Every Wound Comes With Its Own World Trauma, Healing, and Making Care in a Posthuman World</b>	<b>Báyò Akómoláfé, Ph.D.</b> <i>Psychologist, Author, Philosopher, Professor, &amp; Activist</i>
4:00pm - 4:15pm	Break	
4:15pm - 5:30pm (1.25 contact hours)	<b>Promoting Mental Health Everywhere A Musical Performance and Talk by Steven Page</b>	<b>Steven Page</b> <i>Musician, Mental Health Advocate, Lead Singer and Songwriter for The Bare Naked Ladies</i>

# The Lowcountry Mental Health Conference

2022 Schedule  
Friday, July 29, 2022

The Gaillard Performance Hall ~ Charleston, SC  
(6.25 Hours)

Time	Event	Presenter
7:30am - 8:15am	Registration, Networking, Breakfast	
8:15am - 8:30am	Welcome & Opening Remarks	<b>Kenneth M. Rogers, M.D.</b> <i>State Director - South Carolina DMH</i>
8:30am - 9:45am (1.25 contact hours)	<b>The Compassionate Inquiry Therapeutic Model</b> Exploring the Unconscious Dynamics that Run Our Lives and How to Liberate Them  <b>Part 1: Presence, Safety, &amp; Attunement</b>	<b>Gabor Maté, M.D.</b> <i>Physician, Best Selling Author, International Lecturer, Addiction and Trauma Expert</i>
9:45am - 10:00am	Break	
10:00am - 11:00am (1 contact hour)	<b>The Compassionate Inquiry Therapeutic Model</b> Exploring the Unconscious Dynamics that Run Our Lives and How to Liberate Them  <b>Part 2: Memory, Stories, &amp; Beliefs</b>	<b>Gabor Maté, M.D.</b> <i>Physician, Best Selling Author</i>  <b>Sat Dharam Kaur ND</b> <i>Naturopathic Doctor &amp; Yoga Expert</i>
11:00am - 11:15am	Break	
11:15am - 12:15pm (1 contact hour)	<b>The Compassionate Inquiry Therapeutic Model</b> Exploring the Unconscious Dynamics that Run Our Lives and How to Liberate Them  <b>Part 3: Trauma, Disconnection, &amp; Constriction</b>	<b>Gabor Maté, M.D.</b> <i>Physician, Best Selling Author, International Lecturer, Addiction and Trauma Expert</i>
12:15pm - 2:00pm	Lunch	
<b>Lunch Sessions</b> (12:15 - 1:15pm) 1 contact hour	<b><u>The Practice of Love: Helping Our Clients Break Old Patterns, Rebuild Trust, &amp; Create a Connection That Lasts</u></b> <b>Lair Torrent, LMFT</b> <i>(Auditorium)</i>	<b>Clinical Talk TBD</b> <b>tbd</b> <i>(Salon 1)</i>
		<b>Clinical Talk TBD</b> <b>tbd</b> <i>(Salon 2)</i>
2:00pm - 3:00pm 1 contact hour	<b>“Dopamine”</b> <b>A Practical Science-Based Approach to Compulsive Overconsumption in a Reward Overloaded World</b>	<b>Anna Lembke, M.D.</b> <i>Professor of Psychiatry, Chief of Addiction Medicine Stanford University</i>
3:00pm - 3:15pm	Break	
3:15pm - 4:15pm 1 contact hour	<b>Trauma and the Healing Power of Music</b> <b>A Closing Talk &amp; Musical Performance</b>	<b>Wild Ponies</b> <i>Iconic Folk, Country, &amp; Rock Infusion Band</i>