

The Lowcountry Mental Health Conference

2021 Schedule

Wednesday, July 28, 2021

The Gaillard Performance Hall ~ Charleston, SC

Pre-Conference Sessions

Time	Event		
5:00pm - 6:00pm	Pre-Conference Session Registration		
	Salon Room 1 Salon Room 2 Green Room		
6:00pm - 7:00pm <i>(1 contact hour)</i>	Healing Power and the Encounter with Ghosts: Race, Culture, and Society (Part 1) Bayo Akómoláfé, Ph.D. Psychologist, Philosopher, and Professor Jürgen Kremer, Ph.D. Professor, Author, and Researcher	The Art and Science of Suicide Collaborative Safety Planning and Counseling Alexandra Karydi, Ph.D. Suicide Prevention Director Project 2025 <i>American Foundation for Suicide Prevention</i>	The Secrets of Exceptional Therapists: A Small Group Workshop (Part 1) Jeffrey Kottler, Ph.D. Leading Author, Educator, and Therapist
7:00pm - 7:15pm	Break		
7:15pm - 8:15pm <i>(1 contact hour)</i>	Healing Power and the Encounter with Ghosts: Race, Culture, and Society (Part 2) Bayo Akómoláfé, Ph.D. Psychologist, Philosopher, and Professor Jürgen Kremer, Ph.D. Professor, Author, and Researcher	In the Eye of the Storm: Staying Centered in Crisis Ashok Bedi, M.D. APA Distinguished Fellow and Board Certified Psychiatrist	The Secrets of Exceptional Therapists: A Small Group Workshop (Part 2) Jeffrey Kottler, Ph.D. Leading Author, Educator, and Therapist

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Thursday, July 29, 2021

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Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome & Opening Remarks	
9:00am - 10:15am (1.25 contact hours)	The Burdens of Self-Care for Therapists & Their Clients Why Self-Care Strategies Don't Work and What to Do About It	Jeffrey Kottler, Ph.D. <i>Leading Author, Educator, and Therapist in the Field of Psychotherapy</i>
10:15am - 10:45am	Break	
10:45am - 12:00 noon (1.25 contact hours)	At the Shimmering Edges of the Self Framing Care, Well-being, and Identity as Partnership with a World Alive	Bayo Akómoláfé, Ph.D. <i>Psychologist, Philosopher, and Professor</i> Jürgen W. Kremer, Ph.D. <i>Professor, Author, and Researcher</i>
12:00 - 2:00pm	Lunch (on your own)	
Lunch Sessions (12:00 - 1:15pm) 1.25 contact hours	<u>Exploring Our Most Challenging Cases</u> Jeffrey Kottler, Ph.D. (Auditorium)	<u>Brain Mapping, Boxing & Neuro-feedback</u> Dianne Kosto SCN, Beth Matenaer LPC (Salon Room 1)
		<u>Narcotics Anonymous & the Benefits of Recovery</u> Karen Howard & Panel (Salon Room 2)
2:00pm - 3:15pm (1.25 contact hours)	Functional Analytic Psychotherapy and the Soul of the Clinician Cultivating the Sacred in Therapy and in Life	Mavis Tsai, Ph.D. <i>Clinical Psychologist and Senior Research Scientist at the University of Washington</i>
3:15pm - 3:45pm	Break	
3:45pm - 5:00pm (1.25 contact hours)	Psychotherapy As Care of the Soul Helping the Soul Thrive Through the Therapeutic Process	Thomas Moore, Ph.D. <i>Psychotherapist, Professor, and New York Times Bestselling Author</i>

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2021 Schedule

Friday, July 30, 2021

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter			
7:30am - 8:30am	Registration, Networking, Breakfast				
8:30am - 8:45am	Welcome & Opening Remarks	Kenneth M. Rogers, M.D. <i>State Director - South Carolina DMH</i>			
8:45am - 9:45am (1 contact hour)	The Inner Practice of Transforming the World <i>Insights on Disbelonging for Your Clinical Practice</i>	Rev angel Kyodo williams <i>Zen Priest, Sensei, Author and Activist</i>			
9:45am - 10:00am	Break				
10:00am - 11:30am (1.5 contact hours)	Getting Stuck/Getting Unstuck <i>Insights Into How We Help Our Clients Move Forward</i>	James Hollis, Ph.D. <i>Leading Jungian Analyst and Author</i>			
11:30am - 1:30pm	Lunch (<i>on your own</i>)				
Lunch Sessions (11:30am - 12:45pm) 1.25 contact hours	<table border="0"> <tr> <td style="border-right: 1px solid black; padding-right: 10px;"> <u>What is a Mature Spirituality and Why It Matters</u> James Hollis, Ph.D. <i>(Auditorium)</i> </td> <td style="border-right: 1px solid black; padding-right: 10px;"> <u>Creating Extraordinary Interactions in the Therapy Room & Beyond</u> Mavis Tsai, Ph.D. <i>(Salon 1)</i> </td> <td> <u>Alchemy, Dreamwork and Magic in Therapy</u> Thomas Moore, Ph.D. <i>(Salon 2)</i> </td> </tr> </table>	<u>What is a Mature Spirituality and Why It Matters</u> James Hollis, Ph.D. <i>(Auditorium)</i>	<u>Creating Extraordinary Interactions in the Therapy Room & Beyond</u> Mavis Tsai, Ph.D. <i>(Salon 1)</i>	<u>Alchemy, Dreamwork and Magic in Therapy</u> Thomas Moore, Ph.D. <i>(Salon 2)</i>	
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1:30pm - 2:45pm (1.25 contact hours)	Exploring Your Role in Building Suicide Care Pathways <i>Essential Insights, Tools & Techniques</i>	Alexandra Karydi, Ph.D. <i>Project 2025 Director American Foundation for Suicide Prevention</i>			
2:45pm - 3:00pm	Break				
3:00pm - 4:15pm (1.25 contact hours)	The Spiritual Paradox of Addiction <i>Engaging the Spiritual Path to Recovery and Sobriety</i>	Ashok Bedi, M.D. <i>Diplomat Jungian Psychoanalyst, Distinguished Fellow of the APA and Board Certified Psychiatrist</i>			