

The Lowcountry Mental Health Conference

2019

- SCHEDULE OVERVIEW -

Thursday, August 1, 2019

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome & Opening Remarks	Mayor John Tecklenburg <i>Mayor of Charleston</i> Mark J. Binkley, JD <i>Interim SC-DMH State Director</i>
9:00am - 10:00am <i>(1 contact hour)</i>	Innovations in Clinical Suicidology Essential Interventions and Clinical Tools	David A. Jobes, Ph.D. <i>Professor of Psychology, Author and Internationally Recognized Suicidologist</i>
10:00am - 10:15am	Break	
10:15am - 11:30am <i>(1.25 contact hours)</i>	Race Matters The Psychodynamics of Racism in America	Rev. Jacqui Lewis, Ph.D. <i>Activist, Author and Senior Minister at Middle Collegiate Church in NYC</i>
11:30 - 1:00pm	Lunch <i>(on your own)</i>	
(11:30am - 12:30pm) <i>1 contact hour</i>	Break-Out Session: (De)Constructing Whiteness An Open Conversation on Collective Grief, Helplessness and the Journey Forward <i>by Rev. Jacqui Lewis, Ph.D.</i>	
1:00pm - 2:15pm <i>(1.25 contact hours)</i>	How to Live Well When Life is Hard Harnessing the Transformative Power of Mindful Acceptance Commitment Therapy (ACT)	John Forsyth, Ph.D. & Jamie Forsyth, Ph.D. <i>Psychologists, Educators and Critically Acclaimed ACT Clinicians</i>
2:15pm - 2:30pm	Break	
2:30pm - 4:00pm <i>(1.5 contact hours)</i>	Cultivating Psychological Health Using Acceptance Commitment Therapy (ACT) Practical Tools, Interventions, Strategies and Exercises	John Forsyth, Ph.D. & Jamie Forsyth, Ph.D. <i>Psychologists, Educators and Critically Acclaimed ACT Clinicians</i>
4:00pm - 4:30pm	Break	
4:30pm - 5:45pm <i>(1.25 contact hours)</i>	A Live Musical Performance Music, Trauma and Healing	Wild Ponies <i>Rock, Folk and Alternative Country Band</i>

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- SCHEDULE OVERVIEW -

Friday, August 2, 2019

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 8:45am	Welcome & Opening Remarks	Jennifer Roberts, LPC <i>Executive Director - CDMHC</i>
8:45am - 10:00am (1.25 contact hours)	The Eden Project <i>The Psychodynamics of Relationships</i>	James Hollis, Ph.D. <i>Leading Jungian Analyst, Professor of Psychology and Author</i>
10:00am - 10:30am	Break	
10:30am - 11:45am (1.25 contact hours)	Under Saturn's Shadow <i>The Difficulty of Doing Therapy with Men</i>	James Hollis, Ph.D. <i>Leading Jungian Analyst, Professor of Psychology and Author</i>
11:45am - 1:15pm	Lunch (<i>on your own</i>)	
(11:45am - 12:45pm) 1 contact hour	Break-Out Session: <i>In-Between Times: Something Gone, Something Not Yet</i> <i>Working Through Difficult and Disorienting Times</i> by James Hollis, Ph.D.	
1:15pm - 2:15pm (1 contact hour)	<i>The State of the Opioid Epidemic and the Pendulum</i> <i>Pain vs. Addiction</i>	Colleen LaBelle, MSN, RN-BC <i>Director of the Opioid Addiction Treatment and Training Center in Boston, MA</i>
2:15pm - 2:30pm	Break	
2:30pm - 3:30pm (1 contact hour)	<i>Anxious Parents - Anxious Kids</i> <i>How Executive Function Skills Provide a Path to Confidence</i>	Michael Delman, M.Ed. <i>Massachusetts Distinguished Educator, Pioneer in the Field of Executive Function Coaching and Founder of Beyond Booksmart</i>
3:30pm - 4:00pm	Break	
4:00pm - 5:30pm (1.5 contact hours)	<i>A Live Musical Performance</i> <i>Ms. Holliday Performs and Shares Her Story of Depression</i>	Jennifer Holliday <i>Grammy and Tony Award Winning Singer and Actor</i>