

THE 5TH ANNUAL LOWCOUNTRY MENTAL HEALTH CONFERENCE

Thursday, July 28, 2016

The Gaillard Performance Hall ~ Charleston, SC

Time	Event	Presenter
7:30am - 8:30am	Registration, Networking, Breakfast	
8:30am - 9:00am	Welcome & Opening Remarks	John H. Magill <i>State Director, South Carolina Dept of Mental Health</i>
9:00am - 10:30am	<i>Psychotherapy of the Heart</i> <i>An In-Depth Look at How We Help Others</i>	Joan Borysenko, Ph.D. <i>Best Selling Author, Pioneer in Integrative Medicine, and Harvard Trained Biologist & Psychologist</i>
10:30am - 10:45am	Break	
10:45am - 12:00	<i>Healing the Wounds in Our Community</i> <i>The Mindful Therapist as an Agent of Change</i>	Jamie Marich, Ph.D. <i>Renowned Psychotherapist & Trauma Expert</i>
12:00 - 1:30pm	Lunch	
1:30pm - 2:30pm	<i>Mental Illness Unmasked</i>	Hakeem Rahim, Ed.M., M.A. <i>Mental Health Advocate & Counselor</i>
2:30pm - 2:45pm	Break	
2:45pm - 4:00pm	<i>Managing Depression in African American Clients</i> <i>Clinical & Community Strategies</i>	Sidney Hankerson, M.D., MBA <i>Assistant Professor of Clinical Psychiatry Columbia University, New York, NY</i>
4:00pm - 4:15pm	Break	
4:15pm - 5:30pm	<i>Substance Use Disorders</i> <i>Does Gender Matter?</i>	Roy E. Smith, M.D. <i>Board Certified Physician in Addiction & Family Medicine</i>
5:30pm - 6:00pm	<i>The Emanuel A.M.E. & Charleston Area Justice Ministry Choir</i>	
6:15pm - 7:30pm	<i>Break-Out Session</i> <i>Dancing Mindfulness:</i> <i>Healing the Emotional Brain Through Mindful Principles in Motion</i>	Jamie Marich, Ph.D. <i>Renowned Psychotherapist & Trauma Expert</i>
6:30pm - 8:30pm	<i>Thursday Reception</i>	Gaillard Performance Hall